



# Change your life!

It's time once again for the most exciting event on the Life Positive calendar: the *Life Positive* Expo 2010. In case you are wondering why we skipped a year in 2009, the reason is that we decided to host the event in the prettiest month of the year, when Delhi is festooned in blooms and rejoicing in the balmy and soft spring weather. If you have not been to Delhi, this is the time to see the city at its best.

Spring with its exciting intimations of newness and renewed life is also the perfect time to participate in an event that many have described as life-changing and transformative. The Expo's unique strength lies in its breadth of offerings. Among the best and most inspiring of spiritual teachers enlighten us every evening with a discourse. These discourses are open to all *Life Positive* subscribers and readers who can avail of this priceless opportunity simply by collecting invitation cards

OYEZ, OYEZ, OYEZ! PACK  
 YOUR BAGS AND HEAD FOR  
 DELHI FOR THE LP EXPO ON  
 THE 19TH, 20TH AND 21ST OF  
 MARCH AT THE INDIA  
 HABITAT CENTRE

either from the *Life Positive* Delhi office or directly from the venue.

We also have some of the country's finest and most powerful facilitators leading us during the day in workshops. To add depth to the breadth, this year we have chosen to make most of the workshops of a day's duration so that you can get the variety you are used to but in addition explore each subject in greater detail. Each of you will get to participate in a bouquet of three or more workshops during our three days together. Old favourites like Dr Newton

Kondaveti (Past-life therapy), Dr Somesh Chaddha (NLP) and Anil Bhatnagar (Relationships) and Sampoorna Garine (Heal your life) mingle with brand new faces such as Maa Gyaan Suveera (Self-healing), Maa Sadhana (Everyday Meditation) and Fr Prashant Olalekar (InterPlay). Many of these workshops are offered at a highly discounted price at the Expo and we invite you to avail of this rare privilege.

There is also an exciting exhibition of wellness products and services that will be available for all three days.

Participants often wonder how we put up such a classy show at such an affordable price. We can do it because our wonderful sponsors support us in this venture. A hearty thanks to Star Health and Allied Insurance Co, Air India, Panicker's Travel, Heritage, the Aditya Birla group and others.

Looking forward to seeing you all!